



the other side of healing

TRACES OF MIKA

AN UNSCRIPTED

PODCAST

LOOK INSIDE

An Original Podcast Series

Traces of Mika a memoir podcast is beautifully crafted and honestly true. It features unscripted conversations that follows the life of an ambitious girl who dreamed of becoming a famous writer and she did but at what cost? Based on real events, this non-fiction narrative series delivers original melodies, raw emotion, and hilarious gatherings that dig into the stigma of being a "strong black woman".

Mika





“

Never kiss and
tell. Never let
them see you cry.
Always be ten
steps ahead of
them.

-Mika



SEASON TWO

INSIDE THE FIRST 3 EPISODES

EP.01

I'm Tired of Being Strong

Mika addresses a public statement made by her daughter on the brink of her 18th birthday. For the first time she reveals what went wrong in her marriage and how her journey as a mother almost broke her.

EP.02

I'm Tired of Being Strong Pt. 2

In part two of the season opener, Mika's son makes his debut for the very first time in the series. Now 13 years old, he speaks out about being Mika's son and the life he had while living with his Dad.

EP.03

My love language in conversation with Darius Hicks

Dating is a process and Mika is in the thick of it. In a one on one with Darius Hicks, fellow podcast and friend, Mika catches us up on her journey with dating, the "one" that maybe got away, and what lessons Mika learned since COVID.

TRACK THE CONVERSATIONS



Episode 1: I'm Tired of Being Strong

Ep. 2: I'm Tired of Being Strong Pt. 2

.Ep. 3: Loving through Covid

Ep. 4: A Mother's Tale of Dreaming while being a Mama

Ep. 5: Pretty Issues | Laugh Out Loud with Legendary LaQuita

Ep. 6: His Story | Black Men Speak Out

Ep. 7: My journey as an entrepreneur w/ Britini the Brand

Ep. 8: Continuing with Delphine Publications



FEATURING SKITS:

"Suga Hill" a motion trailer



DREAMING OUT LOUD

DREAMING IS AN ACTION WORD TO ME. IT'S UP TO YOU TO MAKE WHAT YOU SEE IN YOUR HEAD YOUR REALITY.

“*Faith walking isn't easy folks, and nope I don't know how to tell you how to get to your goals but I surely can tell you what it takes to achieve them. And it's not a relationship, it's not money, it's not even a perfect execution plan. It's you! Your mind! Your energy! Your consistency!*”

”



HOST A

LISTENING

PARTY

HOST YOUR OWN SILENT PARTY WITH TAMIKA
NEWHOUSE AND GO BEHIND THE SCENES OF
THE MAKING OF TRACES OF MIKA.

PRESS PLAY....

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LET'S DO THE MATH

75×5 (for the 5,000 listens) = \$375 is the cost to the sponsor for a Preroll.


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Contact: tracesofmika@gmail.com

*rates are monthly

*Average 5000 listens monthly

A woman with dark hair styled in a short, curly bob, wearing a teal, halter-neck, floor-length dress with a sheer overlay. She is looking towards the camera with a slight smile. The background is a blurred indoor setting with white curtains and warm lighting.

TAMIKA
NEWHOUSE

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